"Beatrice is like a different child - much happier." Mother of 12-year-old daughter. London	"Many thanks for all your excellent help and input." Father, of two sons via surrogate, London	"I must say, I felt so lost over the whole situation - you've been incredibly kind." Mother of 5-year-old daughter, London/New York
"There has been a big shift in my son recently – thanks to you." Mother of 9-year-old son, London	"It was absolutely heart- breaking for us but now, it's as if Verity has suddenly switched on." Mother of 10-year-old daughter, London/Dubai	"Thank you for all you help and support over the past 10 months, it has really helped us focus on what Alfred needs, as well as our own demons!" Parents of 8-year-old son, London
"We are so glad we chose you to help us you've been a great help to us in moving forward and more so in providing advice to Leo's school." Parents of 16-year-old son, Windsor	"With your help, family life has gone from an absolute nightmare to a dream." Mother of five children, Essex	"Thank you so, so much for your help Helen, I cannot tell you how much I appreciate it!" Mother of grown up, but estranged children, London/Switzerland
"Every family should have a psychologist like you on tap!" Father of two siblings by international adoption, London/Singapore	"Thank you so much for your support on our away day." Mother of two children, London	"Thank you Dr Mason for being at the school meeting last week Your sensible words and independence enabled us all to draw a line and move on. James seems much jollier already! He returned to school this weekend with a smile I've not seen for months." Father of 16-year-old son, London
"What a difference in how I 'see' a child's behaviour - thank you thank you thank you." Governess to five children, London/Moscow	"As you know, the parents were wary about involving you, but you won them round! Aafiyah is a much happier little girl. Thank you very, very much for your advice. You are part of the team now!" Ahma/Nanny of 10-year-old girl, London/ Riyadh	"Just wanted to say how much I valued working with you today. You've taught an old dog new tricks! My little charges had better watch out!" Nanny to 2 boys, London

"Your assistance has provided us with a significant breakthrough with a very sensitive matter." Family Solicitor, London	"Many, many thanks for your insightful involvement in this matter." Private Family Solicitor, London	"We were very much impressed with all of your input." Private Client, Solicitor, London
	"Dr Helen, you are awesome!" Family Law Attorney, London/Los Angeles	

*All names have been changed.